## **CLAIMS**

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- A treatment method comprising
   providing a balloon mounted on a catheter at a site for treatment within a vascular
   system; and
- 5 pressurizing the balloon to effect a treatment, wherein

the balloon is pressurized to an inflation pressure which produces a hoop stress on the balloon wall of about 35,000 psi or more.

- 2. A treatment method as in claim 1 wherein the inflation pressure produces a hoop stress on the balloon wall of from about 35,000 psi to about 65,000 psi.
  - 3. A treatment method as in claim 1 wherein the balloon is formed of a material comprising a PEN polymer selected from ethylene naphthalate homopolymer and copolymers.
  - 4. A treatment method as in claim 3 wherein the PEN polymer material is
    - a) a polyethylene naphthalate homopolymer or
    - b) a crystallizable copolyester comprising residues of
- i) ethylene glycol,
  - ii) naphthalene dicarboxylic acid, and
  - iii) at least one PA residue, said PA residue being a member of the group consisting of residues of terephthalic acid and isophthalic acid, the naphthalene dicarboxylic acid residues comprising about 5% or more of the sum of naphthalene dicarboxylic acid residues and PA residues in the copolyester, and,

the balloon characterized by an ability to withstand a hoop stress of at least 50,000 psi without bursting.

30 5. A method as in claim 4 wherein the PEN polymer material is a polyethylene naphthalate homopolymer.

- A method as in claim 4 wherein the balloon has at least two structural layers, one being said PEN polymer layer and one being a layer of a second thermoplastic polymer material.
   A method as in claim 4 wherein the balloon has inner and outer sides and the second thermoplastic polymer material is a coextruded layer on the outer side thereof.
- 8. A method as in claim 4 wherein the balloon an ability to withstand a hoop stress of within the range of 55,000 to 65,000 psi without bursting.
  - 9. A method as in claim 1 wherein the balloon is formed of a single structural polymer layer.
- 15 10. A method as in claim 1 wherein the balloon has a radial expansion of about 3% or less when inflation pressure is increased from 4 atm to burst.
  - 11. A method as in claim 1 wherein the balloon comprises a structural layer of a crystallizable copolyester comprising residues of
- i) ethylene glycol,

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- ii) naphthalene dicarboxylic acid and
- iii) at least one PA residue, said PA residue being a member of the group consisting of residues of terephthalic acid and isophthalic acid, the naphthalene dicarboxylic acid residues constituting 5-20% of the sum of naphthalene dicarboxylic acid residues and PA residues.
- 12. A method as in claim 11 wherein said PA residues are terephthalic acid residues.
- 13. A method as in claim 11 wherein the balloon has a single structural polymer30 layer.

14. A method as in claim 11 wherein the balloon further comprises a non-structural layer of a lubricious polymer.

- 15. A method as in claim 11 wherein the balloon further comprises a layer of a
  5 second polymer, said second polymer being a polybutylene naphthalate homopolymer or a butylene naphthalate copolymer.
  - 16. A method as in claim 1 wherein the balloon comprises at least two structural layers, one layer being a PEN polymer layer, the PEN polymer material being
    - a) a polyethylene naphthalate homopolymer or
    - b) a crystallizable copolyester comprising residues of
      - i) ethylene glycol,

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- ii) naphthalene dicarboxylic acid and
- iii) at least one PA residue, said PA residue being a member of the group consisting of residues of terephthalic acid and isophthalic acid, the naphthalene dicarboxylic acid residues at least 80% of the sum of naphthalene dicarboxylic acid residues and PA residues in the copolyester, and

one layer being a polybutylene naphthalate homopolymer or a butylene naphthalate copolymer.